

Berkshire Organics: Ingredients Watch List

GMO Crops: These ingredients, if not specifically labeled “Certified Organic” or “Non-GMO” are almost assuredly genetically modified:

Soy (Possible Soy Derivatives): bulking agent, carob, emulsifier, Glutamic Acid, Glycine, guar gum, gum Arabic, hydrolyzed vegetable protein (HVP), lecithin, natural flavors, Phospholipids, protein, protein extender, stabilizer, starch, textured vegetable protein (TVP), thickener, Tocopherols, vegetable broth, vegetable gum, vegetable starch)

Corn (Possible Corn Derivatives): Acetic acid, Alcohol - Found in extracts (like vanilla extract), Alpha tocopherol, Baking powder (usually contains corn starch), Calcium citrate, Calcium fumarate, Calcium gluconate, Calcium lactate, Calcium magnesium acetate (CMA), Calcium stearate, Calcium stearoyl lactylate, Caramel and caramel color, Carbonmethylcellulose sodium, Cellulose in any form, Cetearyl glucoside, Choline chloride, Citric acid, Citrus cloud emulsion (CCS), Coco glycerides (cocoglycerides), Crosscarmellose sodium, DATUM (a dough conditioner), Decyl glucoside, Decyl polyglucose, Dextrin, Dextrose, d-Gluconic acid, Distilled white vinegar, Drying agent, ethanoic acid - also known as Acetic acid, Erythorbic acid , Erythritol, Ethanol, Ethocel 20, Ethylcellulose, Ethylene, Ethyl acetate, Ethyl alcohol, Ethyl lactate, Ethyl maltol, Fibersol-2, Flavorings, Food starch, Fructose, Fumaric acid, Germ/germ meal, Gluconate, Gluconic acid, Glucono delta-lactone, Gluconolactone, Glucosamine, Glucose in any form, Glutamate, Gluten, Glycerides, Glycerin, Glycerol, Golden syrup, Hydrolyzed vegetable protein (HVP), (HPMCP), Inositol, Invert syrup or sugar, Lactate, Lactic acid, Lauryl glucoside, Lecithin, Linoleic acid, Lysine, Magnesium fumarate, Malic acid, Malonic acid, Malt, Maltitol, Maltodextrin, Maltol, Maltose, Mannitol, Methyl gluceth, MSG, Natural flavorings, Polylactic acid (PLA), Polysorbates, Polyvinyl acetate, Potassium compounds, Propionic acid, Propylene compounds, Semolina (unless from wheat), Simethicone, Sodium compounds, Sorbic acid, Sorbitan, Sorbitol, Starch, Stearic acid, Stearoyls, Sucrose, Sugar, Threonine, Tocopherol (vitamin E), Treacle, Triethyl citrate, Vanilla (the alcohol can be corn alcohol), Vinegar, distilled white, Vitamins, Xanthan gum, Xylitol, Zein)

Additional GMO Crops: These ingredients, if not specifically labeled “Certified Organic” or “Non-GMO” are almost assuredly GMO: Cottonseed (used in vegetable cooking oils), canola (canola oil), sugar from sugar beets, hawaiian papaya; some varieties of zucchini, crookneck squash